# Clinical Psychotherapy Internship

#### Seattle Anxiety Specialists, PLLC

# Build your future.

Theory - Education - Practice

#### **PROGRAM GOALS**

### **ABOUT US**

We are a team of Psychiatrists, Psychologists & Psychotherapists who specialize in treating anxiety, anxiety disorders and other mental health issues that commonly lead to anxiety.

1. Offer accessible mental health services for our community through low or at-cost, individual and group therapy sessions.

2. Provide high quality clinical training and support for new practitioners entering the field in a way that aligns with their values and self-directed educational goals.

3. Provide research opportunity and program development experience to those interns interested in an expanding their skill beyond clinical development.

#### **PLACEMENT TIMING**

 January - February: Applications accepted for Fall placement
February - March: Interviews conducted
March - April: Decisions announced

## **CLINICAL REQUIREMENTS**

Applicants should be flexible, clinicallyinformed, and curious about clinical theory & practice.

Clinical Interns spend at least 9 months with SAS and will be in placement 20-24 hours/week with a panel of 10-12 clients.

50-60% of the hours spent in placement will be client-facing. The remaining time allows for notes, treatment planning, individual & group supervision/consultation, a weekly theory meeting, "light" research and group facilitation.

For More Information on how to apply:

E: Chris@seattleanxiety.com W: seattleanxiety.com/internship